



East of England Stroke Forum

Annual Conference

Thursday 15th March 2012

Rowley Mile Conference Centre Rowley Mile Racecourse Newmarket CB8 0TF

PROGRAMME

09.00 Registration, tea/coffee

10.00 Opening remarks

10.10 – 10.45 **Plenary – Stroke and Mental Health** – Dr Kneale Metcalf, Clinical Lead for Stroke Medicine, Norfolk & Norwich University Hospital NHS Foundation Trust and Dr Catherine Ford, Chartered Clinical Psychologist

10.50 – 11.30 **Breakout Sessions** – choice of sessions covering acute medical, rehab and commissioning:

- A1** **Stroke imaging – targets, optimism and pragmatism** – Dr Kneale Metcalf, Clinical Lead for Stroke Medicine, Norfolk & Norwich University Hospital NHS Foundation Trust (*repeated at 14.20*)
- A2** **Six Month Reviews - approach taken and early conclusions to be drawn** – Esther Bolton, Head of Long Term Conditions and Community Services, NHS Bedfordshire
- A3** **Getting back to work after stroke** – Carol Hannaford, Occupational Therapist, Cambridge Community Stroke Team and John Boyle, Operations Manager and stroke survivor (*repeated at 11.35*)
- A4** **Suicide, depression and stroke** – Dr Catherine Ford, Chartered Clinical Psychologist
- A5** **Embedding user involvement in the stroke pathway- a case study on Salford** - Chris Larkin, Deputy Head of Operations North West, The Stroke Association and Frank Redfern, stroke survivor, volunteer and community reporter
- A8** **Commissioning Stroke Services** – Pam Green, Assistant Director of Commissioning, NHS, North East Essex
- A9** **Early Supported Discharge: The North East Essex Model** – Laura Parker- ESD Service Manager, Anglian Community Enterprises

11.35 – 12.15 Breakout Sessions – choice of sessions covering acute medical, rehab and commissioning:

- B1** **Development of the 7 Day TIA Service at the Ipswich Hospital NHS Trust** – Dr Peter Phillips, Consultant Stroke Physician, Fran Friston, Head Matron and Lisa Motley, Office Manager, Stroke Services, Ipswich Hospital NHS Trust
(repeated at 14.20)
- B2** **Getting back to work after stroke** – Carol Hannaford, Occupational Therapist, Cambridge Community Stroke Team and John Boyle, Operations Manager and stroke survivor
- B3** **Living with communication difficulties – a social approach** - Morag Bixley, Senior Lecturer, De Montford University, Speech and Language Therapist and Katherine Scantlebury, Highly Specialist Speech and Language Therapist, Queen Elizabeth Hospital NHS Foundation Trust, Stroke Services *(repeated at 14.20)*
- B4** **Responding to Mood Changes after Stroke** – *This session will give participants the opportunity to reflect on common client mood disturbances throughout the Stroke Pathway, and offer thoughts on how health practitioners working within acute and rehabilitative services may appropriately and constructively respond* - Hilary Davison, Consultant Clinical Psychologist and Rosemary Gravell, Speech and Language Therapist and Counsellor, Livability Icanho *(repeated at 14.20)*
- B5** **Working together – Partnership working in Cambridge** – *a coordinated multi-disciplinary approach, funded by a variety of partners. The project provides services to survivors and carers in a community setting centred around psychological and communication support and general information and advice* – Dr Catherine Ford, Chartered Clinical Psychologist and Sallie-ann Nicol, Information, Advice and Support Coordinator, The Stroke Association
- B6** **Navigating adult social care** – Susan Street, Commissioning Manager, Hertfordshire County Council
- B7** **Impact of Consultant-led daily Multidisciplinary team meeting on Length of Stay** - R.Sivakumar, Consultant Stroke Physician, Colchester Hospital University NHS Foundation Trust
- B8** **The East of England Stroke Telemedicine Service** - Lynda Sibson, Telemedicine Project Manager, Cambridge University Hospitals NHS Foundation Trust
- B9** **Increasing access to Therapy - Making it happen** - *The session will cover the background and evidence behind the 45mins therapy quality standard. It will include examples of different ways therapy services across the pathway have gone about delivering more therapy, the effect and what they have learned* – Jill Lockhart, National Improvement Lead, NHS Improvement – Stroke *(repeated at 14.20)*

12.15 Lunch

Sponsors' Stands and Poster Exhibition

13.15 – 13.30 Excellence in Stroke Care and Poster Presentation Awards

13.30 – 14.15 Plenary – Sentinel Audit, changes seen, the future of audit for stroke –
Professor Tony Rudd, Stroke Programme Director, Royal College Physicians

14.20 -15.00 Breakout Sessions – choice of sessions covering acute medical, rehab and commissioning:

C1 Stroke imaging – targets, optimism and pragmatism – Dr Kneale Metcalf, Clinical Lead for Stroke Medicine, Norfolk & Norwich University Hospital NHS Foundation Trust

C2 Information and evidence on the cost benefits of helping stroke survivors to be more independent – Alex Stewart, Regional Head of Operations, The Stroke Association

C3 Development of the 7 Day TIA Service at the Ipswich Hospital NHS Trust – Dr Peter Phillips, Consultant Stroke Physician, Fran Friston, Head Matron and Lisa Motley, Office Manager, Stroke Services, Ipswich Hospital NHS Trust

C4 Living with communication difficulties – a social approach - Morag Bixley, Senior Lecturer, De Montford University, Speech and Language Therapist and Katherine Scantlebury, Highly Specialist Speech and Language Therapist, Queen Elizabeth Hospital NHS Foundation Trust, Stroke Services

C5 Responding to Mood Changes after Stroke – *This session will give participants the opportunity to reflect on common client mood disturbances throughout the Stroke Pathway, and offer thoughts on how health practitioners working within acute and rehabilitative services may appropriately and constructively respond* - Hilary Davison, Consultant Clinical Psychologist and Rosemary Gravell, Speech and Language Therapist and Counsellor, Livability Icanho

C6 Pre-Hospital acute stroke care direct to CT scanner pathway – Dan Phillips, Paramedic, Stroke/TIA Care Lead, East of England Ambulance Service

C7 How stroke can affect the sight – Paula Bird, Rehabilitation Worker for the Visually Impaired, Cam Sight

C8 Increasing access to Therapy - Making it happen - *The session will cover the background and evidence behind the 45mins therapy quality standard. It will include examples of different ways therapy services across the pathway have gone about delivering more therapy, the effect and what they have learned* – Jill Lockhart, National Improvement Lead, NHS Improvement – Stroke

15.00 Tea/coffee and biscuits

15.30 Plenary – Taking Stock....Moving Forward - Dr Damian Jenkinson, National Clinical Lead, Stroke Improvement Programme

16.15 Close

The steering group reserves the right to change the published programme and speakers according to circumstances